

For Immediate Release

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Collier Senior Center
GOLDEN GATE
vibrant • diverse • caring
Formerly known as Collier Senior Resources

Collier Senior Center Hosts Disaster Preparedness Presentation

Naples, FL – 6/4/24 – **Collier Senior Center-Golden Gate**, Collier County's first nonprofit senior resource center dedicated to addressing the needs of older adults and caregivers, is partnering with the Florida Department of Health for a **Disaster Preparedness** presentation on Friday, June 28, 2024, from 9:45 a.m. to 10:45 a.m., at 4898 Coronado Parkway, Naples FL 34116.

"Whether your one of Collier Senior Center's 1,900 members, a caregiver, resident or seasonal guest, we want *everyone* in Collier County ready and able to handle natural or manmade disasters in an empowered, well-resourced manner and this collaboration with the Florida Department of Health is one way we can help reduce stress and increase preparedness in our community," explains Senior Center Director Esther Lully, MSML.

Join Camilo Torres, Florida Department of Health-Collier County, for a free community presentation designed to provide the tools, resources and support systems available to navigate a disaster. *Free, no* RSVPs required.

Collier Senior Center-Golden Gate is open Monday – Friday (excluding major holidays), 9am to 5pm, providing an **array of free services for seniors, caregivers, and those in-need throughout Collier County:**

- More than 10 weekly programs plus a variety of offerings each month: daily breakfast, hot lunch, and coffee bar; weekly food pantry; monthly birthday parties; virtual and in-person chair yoga, dance, and exercise classes; art and craft classes; cards and games; holiday parties and additional life-enhancing offerings like blood pressure, vision and diabetes screenings; balance testing and fall prevention lectures; counseling and support services.
- More than 1,100 hot lunches a month to seniors in-need and weekly access to a Meals of Hope food pantry to 1,050 Collier County seniors/month and provides 200 older adults Harry Chapin "Care & Share" nutritious, easy-to-prepare meal kits each month.
- Centralized source for local and long-distance caregivers seeking senior-related information, services, and resources in Collier County.
- Partnerships to provide programs, socialization, and convenient access to other agencies.
- Virtual Resource Directory.

The charity maximizes each dollar received by collaborating with trusted partners, including AARP Foundation (job placement and training for out-of-work, low-income seniors), Area Agency on Aging, Catholic Charities (social services), Collier Area Transport, Collier County Nutrition, Sheriff's Office and more.

For more information about the Disaster Preparedness session and to learn more about Collier Senior Center-Golden Gate, please call 239.252.4541, or visit CollierSeniorCenter.org.

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Collier Senior Center (formerly Collier Senior Resources) is Collier County's first senior resource center, established as a 501(c)(3) nonprofit organization in 2010 to address the needs of older adults and caregivers through programs, services, education, and advocacy. Collier Senior Center-Golden Gate provides free services for seniors, caregivers, and those in-need, life-enhancing programs, services, and seminars; Leadership Coalition on Aging; the Virtual Resource Directory, and more. For more information, please call 239.252.4541, or visit www.CollierSeniorCenter.org.