

May



Collier Senior Center
GOLDEN GATE
 vibrant • diverse • caring

2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 10:30 am UPSLIDE Bilingual 12:00 pm Hot Lunch 1:00 pm English Class	2 11:15 am Zumba 12:00 pm Hot Lunch 12:45 pm Dr. Denise: The heart and soul of health	3 12:00 pm Hot Lunch 12:30 pm Bingo	4
5	6 9:00 am Salvation army 11:00 am Chair Yoga 12:00 pm Hot Lunch 1:00 pm English Class	7 10:30 am Painting Class 12:00 pm Hot Lunch 1:00 pm Stretching class	8 10:30 am UPSLIDE Bilingual 12:00 pm Hot Lunch 1:00 pm English Class	9 9:45 am Art and Craft 11:15 am Zumba 12:00 pm Hot Lunch 12:45 pm Dr. Denise: dealing with loss, grief & disappointment.	10 9:00 am Mother's Day 12:00 pm Hot Lunch 12:30 pm Bingo	11
12	13 11:00 am Chair Yoga 12:00 pm Hot Lunch 1:00 pm English Class	14 10:30 am Painting Class 12:00 pm Hot Lunch 1:00 pm Stretching Class	15 10:30 am UPSLIDE Bilingual 12:00 pm Hot Lunch 1:00 pm English Class	16 9:45 am Art and Craft 11:15 am Zumba 12:00 pm Hot Lunch 12:45 Pm Dr. Denise: Coping with stress	17 12:00 pm Hot Lunch 12:30 pm Bingo	18
19	20 11:00 am Chair Yoga 12:00 pm Hot Lunch 1:00 pm English Class	21 10:30 am Painting Class 12:00 pm Hot Lunch 1:00 pm Stretching class	22 10:30 am UPSLIDE Bilingual 12:00 pm Hot Lunch 1:00 pm English Class	23 11:15 am Zumba 12:00 pm Hot Lunch	24 12:00 pm Hot Lunch 12:30 pm Bingo	25
26	27 CENTER IS CLOSED MEMORIAL DAY	28 10:30 am Painting Class 12:00 pm Hot Lunch 1:00 Stretching class	29 10:30 am UPSLIDE Bilingual 12:00 pm Hot Lunch 1:00 pm English Class	30 11:15 am Zumba 12:00 pm Hot Lunch	31 11:00 am Bingo 12:00 pm Hot Lunch 12:30 pm Bday Celebration	