

JANUARY

-Board games, challenge puzzle for the mind and dominoes daily
 -Punctuality is a must for Painting Class

2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 CENTER IS CLOSED	3 10:30am-12:00pm Painting Class 12:00 pm Hot Lunch	4 12:00pm Hot Lunch	5 10:00am Technology Seminar with Eric 12:00pm Hot Lunch	6 12:00pm Hot Lunch	7
8	9 10:30am Chair Yoga 12:00pm Hot Lunch 12:30pm Bingo	10 10:30am-12:00pm Painting Class 12:00 pm Hot Lunch	11 10:30am UPSLIDE Bilingual 12:00pm Hot Lunch	12 9:30 Art & Craft 12:00pm Hot Lunch	13 9:30am HEALTH CLINIC FAIR 12:00pm Hot Lunch	14
15	16 CENTER IS CLOSED	17 10:30am-12:00pm Painting Class 12:00 pm Hot Lunch	18 10:30am UPSLIDE Bilingual 12:00pm Hot Lunch	19 10:15am PLANNING YOUR FUNERAL 11:15am Zumba 12:00pm Hot Lunch	20 10:00am MOVIE 12:00pm Hot Lunch	21
22	23 10:30am Chair Yoga 12:00pm Hot Lunch 12:30pm Bingo	24 10:30am-12:00pm Painting Class 12:00 pm Hot Lunch	25 10:30am UPSLIDE Bilingual 12:00pm Hot Lunch	26 11:15am Zumba 12:00pm Hot Lunch	27 12:00pm Hot Lunch 12:30 Birthday Celebration	28
29	30 10:30am Chair Yoga 12:00pm Hot Lunch 12:30pm Bingo	31 10:30am-12:00pm Painting Class 12:00 pm Hot Lunch				